

Name: \_\_\_\_\_

Date: \_\_\_\_\_

### ACTIVITIES OF DAILY LIVING SURVEY:

Measuring your ability to perform daily activities at home can be filled out online, printed, and brought to the office. It will automatically sum the totals. This will help us compare your progress to your first visit. This survey only needs to be filled out on subsequent visits to your initial consultation to see Dr. Auerbach... He will advise you when to fill out this survey.

How does this condition currently interfere with your daily life and the ability to function?

On a scale of 0 - 10, 0 being No Effect and 10 being Severe Effect please complete the following.

Going to sleep		Walking		Reaching over head	
Staying asleep		Standing		Looking over shoulder	
Rising out of chair		Bending over		Household chores	
Showering or bathing		Dressing myself		Using a computer	
Driving a car		Sitting		Concentration / Balance	

Combined Total: \_\_\_\_\_